



WITH LOVE WE REMEMBER



An Invitation

Cindy's family would like to thank you for your attendance today and for your kind words and loving support. You are warmly invited to attend refreshments and continue sharing your memories.

In lieu of flowers, donations to Scripture Union can be made by scanning the QR code.



Forrest
FUNERAL SERVICES

Cindy

Remembering with Love

Cynthia Clare Plinston

9 June 1951 - 13 May 2026

Forrest Funeral Services

East Coast Bays, Browns Bay

21 May 2026 at 10.30am

Officiating: Pastor Holly Walton

Welcome and Introduction

Candle Lighting | Yvonne Newman

Opening Prayer

Eulogy | Andrew Plinston

Hymn | Abide With Me

Poem | Abigail Plinston

Eulogy | Kirsty Skeates

Eulogy | Mel Pavis

Time of Reflection

Pastoral Message

Commendation and Committal

Recessional | Time to Say Goodbye

Abide With Me

Abide with me; fast falls the eventide;
The darkness deepens; Lord with me abide.
When other helpers fail and comforts flee,
Help of the helpless, O abide with me.

I need Your presence every passing hour.
What but Your grace can foil the tempter's power?
Who, like Yourself, my guide and strength can be?
Through cloud and sunshine, Lord, abide with me.

I fear no foe, with You at hand to bless;
Ills have no weight, and tears no bitterness.
Where is death's sting? Where, grave, your victory?
I triumph still, if You abide with me.

The Art Of Walking Upright

The dead do not go far.
They are in the next room,
They are in the garden.

They are the wind that shakes the grass,
The bird that sings in the kōwhai tree.
They are the warmth in the morning sun,
Resting just outside our door.
They do not leave us behind,
They simply walk ahead.

- (Excerpt) by Glenn Colquhoun

